



2026 PENGHU OCEANMAN
國際泳渡澎湖灣



Athlete Information Guide

RELATED ENTITIES



ORGANIZER

Penghu County Government



EXECUTING AGENCY

LAVA Sports

CO-ORGANIZER

- **Coast Guard Administration, OAC**
- **Magong City Office, Penghu**
- **Siyu Township Office, Penghu County**
- **Sports Federation of Penghu**
- **Penghu County Boat Fishing**
- **Penghu Sailing Association** ◦
- **PENGHU COUNTY RESCUE ASSOCIATION**

SPONSOR

ZMAX
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脈衝星

 蛋白盒子
THE PROTEIN BOX

speedo

賀眾牌


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SMARTENERGY



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EVENT SCHEDULE

DATE	TIME	Activity	Place
6/12 (Fri)	15:00 - 20:00	Registration & Expo	Penghu County Multi-Purpose Sports Center
	17:00-18:20	Race Briefing	
6/13 (Sat)	07:00-08:30	OCEANMAN & SPRINT(Bag Drop & Timing Chip Pick-up)	Guanyinting Recreation Area
	07:30	OCEANMAN start	
	07:50	SPRINT start	
	08:00	Post-race food market start	
	08:24-	OCEANMAN Intermediate Cut-Offs – Please see Page 24 for details.	
	10:20	SPRINT cut-off	
	10:30	SPRINT awards ceremony	
	11:30	OCEANMAN awards ceremony	
	12:00	OCEANMAN cut-off and sea area safety clearance	
	12:00-17:00	Registration & Expo	
	17:00	Race Briefing	

EVENT SCHEDULE

DATE	TIME	Activity	Place
6/14 (Sun)	07:00	HALF OCEANMAN & SUP & OCEANKIDS & OCEANADULTS & OCEANTEAMS (Bag Drop & Timing Chip Pick-up)	Guanyinting Recreation Area
	07:55	SUP start	
	08:00	HALF OCEANMAN start	
	08:10	Post-race food market start	
	08:15	OCEANKIDS start	
	08:25	OCEANNTTEAMS start	
	08:10	OCEANADULTS start	
	10:00	OCEANKIDS awards ceremony	
	10:10	HALF OCEANMAN Intermediate Cut-Off	
	10:30	OCEANNTTEAMS Awards Ceremony	
	11:00	HALF OCEANMAN Awards Ceremony	
	12:00	HALF OCEANMAN Cut-off and sea area safety clearance outside Guanyinting	

ATHLETE REGISTRATION

Important Notice

Regardless of registration method, all athletes must complete the following on race day:

1. Timing Chip: Wear correctly on the left ankle for accurate timing.
2. Official Gear: Wear the official swim cap, athlete wristband, and safety buoy as required.
3. Management: Keep all race materials (baggage tag, swimcap, wristband, chip) safe; bring and wear them on race day.

Mail-in Registration

1. Delivery: Materials are sent to your registered address. If not received by June 9 (Tue), contact us before 18:00 that day.
2. Chip Collection: The package does not include the timing chip. Collect it at the "Chip Collection Area" on race day.
3. Timing: Collect your chip before your race starts (Saturday for Sat participants; Sunday for Sun participants).

On-site Registration

1. Location: [Penghu County Multi-Purpose Sports Center](#)
2. Hours:
 - June 12 (Fri) 15:00 – 20:00
 - June 13 (Sat) 12:00 – 17:00
3. ID Required: National ID, Health Insurance Card, Driver's License, or Passport.
4. Proxy: If registering for someone else, you must show a photocopy or photo of the athlete's ID.
5. Chips: Issued during check-in. Keep safe; loss results in a NT\$2,000 fee and invalidated race results.
6. Check: Confirm all materials are complete before leaving the registration counter.



YOI WATER

鹼性水

嘞~以~♪



代言人
9m88



FACEBOOK



INSTAGRAM



全台各大連鎖藥局

RACE PACK

SOUVENIR T-SHIRT



OCEANMAN

HALF OCEANMAN

SUP



SPRINT

OCEANKIDS

OCEANTEAMS

OCEANADULTS

SAFETY BUOY



OCEANMAN

HALF OCEANMAN

SUP

SUP STICKERS / PADDLE STICKERS



SUP

RACE PACK

SWIM CAP

OCEANMAN



HALF
OCEANMAN



SPRINT



OCEANKIDS



*Note: Female athletes use the white logo, and male athletes use the black logo.

OCEANADULTS



OCEANNTAMS



*Note: Unisex.

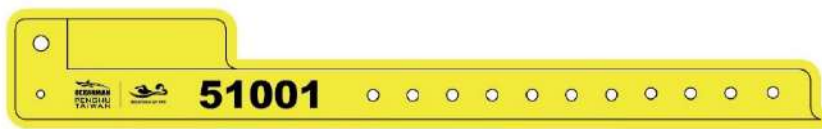
RACE PACK

ATHLETE WRISTBAND

OCEANMAN



HALF OCEANMAN



SUP

SPRINT



OCEANKIDS

OCEANADULTS

OCEANTEAMS



BAGGAGE TAG



RACE PACK

PULSAR PUMP Soft Flask



Saforelle Body Wash



OCEANMAN

HALF OCEANMAN

SUP

SPRINT

RACE PACK

Hey New Brown Sugar Cake Merchandise voucher

黑妞黑糖糕 商品抵用券 (NT\$50) MERCHANDISE VOUCHER (NT\$50)

2026 PENGHU OCEANMAN 國際泳渡澎湖灣

活動資訊 (EVENT INFORMATION)
 使用日期: 2026年6月14日至16日 REDEMPTION PERIOD: JUNE 14TH - 16TH, 2026
 使用地點: 黑妞原庄小舖 AVAILABLE AT: HEY NEW ORIGINAL SHOP
 地址: 澎湖縣馬公市中央街 21 號 ADDRESS: NO. 21, ZHONGYANG ST., MAGONG CITY, PENGHU COUNTY

※報賽期 (TERMS & CONDITIONS)
 僅限原裝糕點品使用。 VALID FOR BROWN SUGAR CAKE PRODUCTS ONLY.
 單筆限用一張。 LIMITED TO ONE VOUCHER PER TRANSACTION.
 不得兌換現金等。 NON-REDEEMABLE FOR CASH AND NO CHANGE WILL BE GIVEN.
 不得與其他優惠併用。 CANNOT BE USED IN CONJUNCTION WITH OTHER PROMOTIONS.
 逾期無效。 VOID AFTER THE EXPIRATION DATE.

★ 2025 ITI AWARD WINNER, CHOCO LOVE BROWN SUGAR CAKE ★

The Protein Box Discount Coupon

浪浪澎湖灣

蛋白盒子 THE PROTEIN BOX x LAVA

使用效期 2026/07/31

優惠A 餐盒折價 10元 小圓蛋 薑印處

優惠B 買餐盒贈 30元 飲品一杯 小圓蛋 薑印處

優惠C 買餐盒贈 超值優惠 肉多一份 (指定肉品擇一) 小圓蛋 薑印處

本券經塗改、逾期、破損皆視為無效/優惠不重複/外送不適用/ 每個優惠限用乙個餐盒/數量蓋完時回收本券/蛋白盒子保有活動最終解釋權

OCEANMAN

HALF OCEANMAN

SUP

SPRINT

OCEANKIDS

OCEANTEAMS

OCEANADULTS

FINISH PACK

FINISHER MEDAL



FINISHER BAYH TOWEL

OCEANMAN

HALF OCEANMAN

SUP



FINISHER TOWEL

SPRINT

OCEANKIDS

OCEANNTAMS

OCEANADULTS



親膚親密 剛剛好的潔淨
 溫柔守護 日常私密舒適

★ ★ ★
 獨家牛蒡
 植萃精華



Saforelle 絲膚潔

法國私密清潔保養品牌

整外女神
 賴昕隄醫師

賴昕隄

推薦

OFFICIAL RESULT RULES

CATEGORY	RACE DISTANCE	WORLD CHAMPIONSHIP QUALIFYING TIME	OVERALL CUT-OFF TIME
OCEANMAN	10KM	4.5hr	4.5hr
HALF OCEANMAN	5KM	2.5hr	4hr
SUP	2.5KM	N/A	4hr
SPRINT	2KM	1.5hr	2.5hr
OCEANKIDS	500M	1hr	1hr
OCEANADULTS	500M	N/A	1hr
OCEANTEMAS	500M	N/A	1hr

RESULTS VALIDATION PRINCIPLES

WORLD CHAMPIONSHIP QUALIFICATION IS BASED ON THE "WORLD CHAMPIONSHIP QUALIFYING TIME." ATHLETES FINISHING BEYOND THIS BUT WITHIN THE "**OVERALL CUT-OFF TIME**" ARE RECOGNIZED AS FINISHERS ONLY, NOT QUALIFIERS.

AWARD MECHANISM

CATEGORY	AGE GROUP RANGE	ON-SITE AWARDS
OCEANMAN	<ul style="list-style-type: none"> Overall Junior (18-19) ADULT (20-69, 10-yrar intervals) Inspiration 	<ol style="list-style-type: none"> Overall: TOP 3 Age Groups: TOP 3 Inspiration : TOP 3
HALF OCEANMAN	<ul style="list-style-type: none"> Overall Junior (18-19) Adult (20-69, 10-yrar intervals) Inspiration 	<ol style="list-style-type: none"> Overall: TOP 3 Age Groups: TOP 3 Inspiration : TOP 3
SUP	<ul style="list-style-type: none"> No ranking, no awards 	
SPRINT	<ul style="list-style-type: none"> Overall Junior (10-14, 15-19) ADULT (20-69, 10-yrar intervals) Inspiration 	<ol style="list-style-type: none"> Overall: TOP 3 Age Groups: TOP 3 Inspiration : TOP 3
OCEANKIDS	<ul style="list-style-type: none"> U9 (7 – 8) U11(9 – 10) U13(11 – 12) U15(13 – 14) 	<ol style="list-style-type: none"> Age Groups : TOP3
OCEANADULTS	<ul style="list-style-type: none"> No ranking, no awards 	
OCEANTEMAS	<ul style="list-style-type: none"> Male Female Mixed <p>*Note: Ages 12 and above</p>	<ol style="list-style-type: none"> Each Category: TOP 3

Note:

All awards are presented separately by gender (except for the Inspiration). Overall ranking winners remain eligible for age group rankings.

WORLD CHAMPIONSHIP QUALIFYING

CATEGORY	AGE GROUP RANGE	QUALIFICATION SLOTS
OCEANMAN	<ul style="list-style-type: none"> Junior (18-19) ADULT (20-69, 10-yrar intervals) Inspiration 	<ol style="list-style-type: none"> 10 slots per age group 3 slots for the Inspiration
HALF OCEANMAN	<ul style="list-style-type: none"> Junior (18-19) ADULT (20-69, 10-yrar intervals) Inspiration 	
SPRINT	<ul style="list-style-type: none"> Junior (10-14, 15-19) ADULT (20-69, 10-yrar intervals) Inspiration 	
OCEANKIDS	<ul style="list-style-type: none"> U9 (7 – 8) U11(9 – 10) U13(11 – 12) U15(13 – 14) 	<ol style="list-style-type: none"> 10 slots per age group

Note:

World Championship qualification is categorized by gender (except for the Inspiration).

World Championship Information

- Date: November 13–15, 2026
- Location: Dominican Republic
- Detailed event information (including registration fees, schedule, and related regulations) is currently under planning and will be announced by OCEANMAN officials in due course.
- Please stay tuned to the official [OCEANMAN website](#) for the latest updates.

黑妞

黑糖糕脆脆

酥脆黑糖香
越吃越涮嘴!



自由搖出
專屬好滋味!

澎湖黑妞 | 嚴選食材 · 手工製作



POST-RACE CATERING

Service Hours: June 13 & 14 (Sat & Sun) 08:00 – 12:00

Redemption Process:

- Please return your timing chip at the **Chip Collection Area** to receive your meal vouchers.
- Each athlete will receive meal vouchers corresponding to the value of their registered race category. These can be redeemed at the post-race market stalls.
- Once vouchers are used up, you may purchase items directly with cash.
- Vouchers cannot be exchanged for cash, no change will be given, and they cannot be used for other purposes. Lost vouchers will not be reissued; please keep them safe.



2026 PENGHU OCEANMAN 國際泳渡澎湖灣
10KM 美食市集&完賽物資兌換券
Food Market & Finisher's Gift Voucher

1. 使用時間: 2026年6月13-14日 餐飲供應結束前
 2. 本券僅可用於2026澎湖澎湖灣之美食市集攤位消費使用
 3. 請領手續必攜帶餐券兌換券, 餐券僅使用一次, 遺失恕不補發, 如有塗改、影印、重製皆屬無效
 4. 主辦單位保有最終修改、變更、終止活動解釋之權利
 1.This voucher valid for use on June 13-14, 2026, until the end of meal service.
 2.This voucher can only be used at food vendors participating in the 2026 OCEANMAN Penghu.
 3.Please bring your meal voucher when redeeming food. Each voucher is valid for single use only. Lost, altered, or copied vouchers will not be accepted.
 4.The organizer reserves the right to make final adjustments or cancel the event if necessary.

Please present this Finisher's Gift Voucher at the Finisher's Gift Collection Tent to collect your finisher's materials.

耐力型賽事補給優惠

馬拉松

游泳



競速雙星組

全馬42K 精準補給包

半馬21K 精準補給包

馬拉松42K賽補給時序建議

適用於 3~5 小時完賽區間跑者

補給原則：穩定碳水輸入、少量多次、避免爆掉

賽前2小時

勁速補 1 包 + 水500ml 

賽前半小時

酷浪檸檬 1 包 + 搖滾話梅 1 包，加入水500ml
先喝一半，其餘中途補充。運動能量軟糖 2 條



賽中

- 每30~45分鐘：氮能雙效膠 1 包 + 運動能量軟糖 1 條 
- 每小時：勁速補 1 包 + 水500~750ml，無法撐到終點，勁速補 1 包，含20秒再吞下 

官網結帳折扣碼 輸入『LAVA』

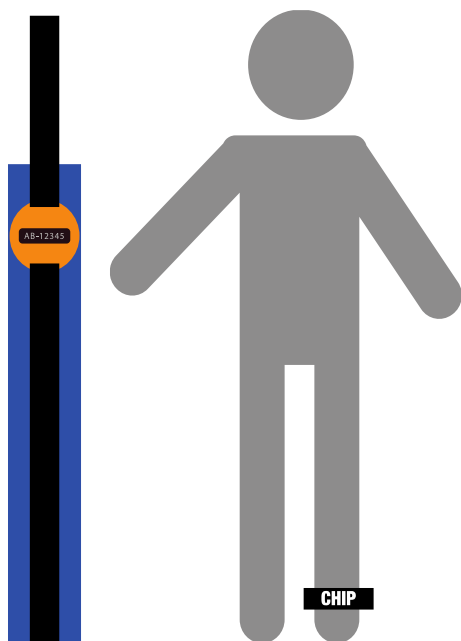


PULSAR PUMP 脈衝星

TIMING CHIP

Important Notes

- Please keep your timing chip safe. Without a chip, no finisher certificate or official race time will be provided.
- If you lose your chip during the event, please inform staff immediately upon reaching the finish line. A chip replacement fee of NT\$2,000 will be charged.
- Each athlete is allowed only one chip. Please wear it on your left ankle. It is strictly prohibited to enter the water wearing another athlete's chip.



[Chip Wearing Demonstration Video](#)

APPROVED BUOYANCY DEVICES

The organizers approve the following buoyancy devices::

Rescue Tube



Inflatable Swim Buoy



Torpedo Buoy



Official Event Buoy



★ Important Note!!

Homemade or modified buoys are strictly prohibited.

Violators will be denied entry and disqualified.

ZMAX PERFORMANCE

RACING SWIM CLOTHES



ZMAX
鐵人三項 IIRONMAN

游泳競賽 · 競技 · 衝浪
鐵人三項 · 車衣 · 裝備
瑜珈系列 · 衣褲 · 配件
潛水裝備 · 面鏡 · 防寒衣
團隊訂製 · 隊服 · 球帽

馬克斯國際有限公司
ZMAX INTERNATIONAL CO.,LTD

★ 員林店 | 員林市三民東街364號
No. 364, Sanmin E. St., Yuanlin City, Changhua County 510, Taiwan (R.O.C.)
電話: 0978-516777

★ 嘉義店 | 嘉義市西區民族路774號
No. 774, Minzu Rd., West Dist., Chiayi City 60045, Taiwan (R.O.C.)
電話: 0930-765629

★ 新竹店 | 新竹市東區民族路88號
No. 88, Minzu Rd., East Dist., Hsinchu City 300004, Taiwan (R.O.C.)
電話: 0909-568777

IMPORTANT EVENT REGULATIONS

1. Mandatory Equipment

Athletes must wear the official swim cap, timing chip, and wristband throughout the race. A certified safety buoy is also mandatory.

2. Prohibited Auxiliary Equipment

Auxiliary aids (e.g., scooters, snorkels, fins, paddles) are **strictly prohibited**. Use will result in disqualification and loss of World Championship qualification.

3. Lifeguard Boat Shuttle Regulations

Any athlete assisted or shuttled by a boat will be marked as **"DNF" (Did Not Finish)**. They will receive no ranking or qualification, even if they continue the race.

4. Chip Loss Compensation

Lost or unreturned timing chips incur a **NT\$2,000** fee and potential result cancellation.

5. Cut-off and Course Clearance

Athletes must finish within time limits. Once the cut-off expires, remaining athletes **must board rescue boats** to clear the course.

6. OCEANMAN intermediate cut-off

Intermediate cut-off times will be enforced throughout the race. Athletes must complete each lap and enter the next lap before the designated cut-off time. Athletes who fail to pass the intermediate cut-off point within the specified time will not be allowed to continue the race and must withdraw from the course as instructed by race officials.

The intermediate cut-off times are as follows:

Lap 1 Cut-Off Time: 08:24

Lap 2 Cut-Off Time: 09:18

Lap 3 Cut-Off Time: 10:12

Lap 4 Cut-Off Time: 11:06

The Organizer reserves the right to adjust the implementation of the intermediate cut-offs based on race conditions and athlete safety considerations.

IMPORTANT EVENT REGULATIONS

7. HALF OCEANMAN intermediate cut-off

Intermediate cut-off times will be enforced during the race. Athletes must complete Lap 1 and enter Lap 2 before the designated cut-off time. Athletes who fail to enter Lap 2 within the specified time will not be allowed to continue the race and must withdraw from the course as instructed by race officials.

The intermediate cut-off times are as follows:

Lap 1 Cut-Off Time: 10:10

8. WETSUIT REGULATIONS

8.1 Wetsuits Prohibited

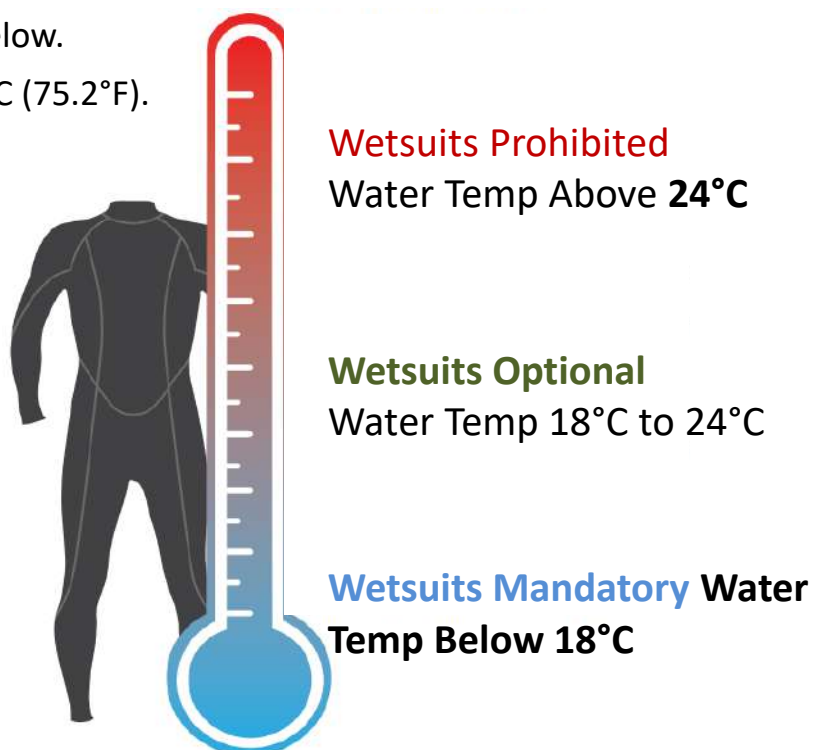
- ① Must wear standard swimwear.
- ② No buoyancy-enhancing materials (e.g., neoprene) allowed.

8.2 Wetsuits Optional

- ① Athletes choose freely.
- ② Wetsuit use does not affect rankings, finisher status, or World Final qualification.

✕ Temperature Rules:

- ① Permitted: 24°C (75.2°F) or below.
- ② Strictly Prohibited: Above 24°C (75.2°F).



EVENT PRECAUTIONS

1. Participants are strictly prohibited from carrying any floats or promotional items that may obstruct rescue operations or block officials' visibility. Failure to comply after warning may result in disqualification.
2. Athletes should bring personal essentials such as waterproof bags, flip-flops, clothing, torpedo buoys, and whistles as needed.
3. Please use reef-safe sunscreen only. Protecting the ocean is everyone's responsibility.
4. Athletes who feel unwell should assess their condition carefully and avoid forcing participation. Medical staff may stop an athlete for safety reasons.
5. If feeling unwell during the swim, stay calm, hold your buoy, and wave your swim cap to signal for help.
6. Any misconduct or failure to follow staff instructions may result in disqualification.
7. For HALF OCEANMAN and SUP categories, baggage drop is at the start (Daguoye) and collection at the finish (Guanyinting Recreation Area).
8. Please carry your National Health Insurance Card for medical purposes.
9. To ensure athlete safety, the Organizer reserves the right to cancel, postpone, or terminate the race if any of the following conditions occur on race day:
 - (1) Lightning is observed.
 - (2) Wave height reaches or exceeds 1.5 meters.
 - (3) Dense fog results in poor visibility and compromises race safety.
 - (4) Sustained wind speed reaches Force 4 or above.
 - (5) Gusts reach Force 8 or above.
10. If the race is to be cancelled, postponed, or terminated, the Organizer will make an announcement no later than 30 minutes before the scheduled race start.
11. If the race must be stopped during competition due to weather conditions or other safety concerns, the Organizer will immediately activate the emergency evacuation procedure.

EVENT PRECAUTIONS

12. Motorized boats will sound their horns continuously, and safety personnel will blow whistles as a warning signal. Athletes must stop swimming immediately and follow all instructions from race officials and safety personnel.
13. Upon hearing the evacuation signal, athletes should hold onto the nearest safety line or flotation device and wait for assistance. Motorized boats will transport athletes back to shore in an orderly manner. Athletes located within the Rainbow Bridge inner-water area may be instructed by safety personnel to swim back to the designated exit point.
14. After returning to shore, athletes must return their timing chip to the Organizer and collect their POST-RACE CATERING and FINISH PACK according to event procedures.

SUP PRECAUTIONS

1. Gear Check: Ensure all equipment is ready (leash, fin, paddle).
2. Number Placement: Properly affix bib stickers to your board and paddle.
3. Mandatory Safety: Must carry a life jacket or flotation device.
4. Inspection: Staff will check your leash and safety gear before water entry.
5. Compliance: Athletes failing to meet safety requirements will be refused entry.

SUP STICKERS



Affix to the front (nose) of the SUP board.

PADDLE STICKERS



Affix to the paddle.



為選手加油

專屬 8 折優惠



專屬優惠



全台門市

COURSE MAP

OCEANMAN 10 KM



Course Description

- A total of 5 laps must be completed.
- After starting from Guanyinting, swimmers will pass between the two offshore yellow buoys and make a series of right turns around each yellow buoy in sequence.
- Upon completing each lap, swimmers must come ashore, pass over the timing chip sensor mat beneath the black arch, **collect a lap token**, and then proceed to the next lap.
- After completing the 5th lap, passing over the timing chip sensor mat beneath the black arch signifies the completion of the race.

Lap Cut off Times

The cutoff times for each lap are as follows:

- Lap 1 Cut off Time: 08:24
- Lap 3 Cut off Time: 10:12
- Lap 2 Cut off Time: 09:18
- Lap 4 Cut off Time: 11:06

Buoy Guidance

- Yellow Buoys: Turn Indicators
- Red Buoys: Straight-line Guidance

COURSE MAP

SPRINT 2 KM



Course Description

- A total of 1 lap must be completed.
- After starting from Guanyinting, swimmers will pass between the two offshore yellow buoys and make a series of right turns around each yellow buoy in sequence.
- Passing over the timing chip sensor mat beneath the black arch signifies the completion of the race.

Buoy Guidance

- Yellow Buoys: Turn Indicators
- Red Buoys: Straight-line Guidance

COURSE MAP

HALF OCEANMAN 5 KM



Course Description

- A total of 2 laps must be completed.
- After starting from Guanyinting , swimmers will pass between the two offshore yellow buoys and make a series of right turns around each yellow buoy in sequence.
- Upon completing the first lap, swimmers must come ashore again, pass over the timing chip sensor mat beneath the black arch, and then proceed to the next lap.
- After completing 2 laps, passing over the timing chip sensor mat beneath the black arch signifies the completion of the race.

Lap Cut off Times

The cutoff times for each lap are as follows:

- Lap 1 Cut off Time: 10:10

Buoy Guidance

- Yellow Buoys: Turn Indicators
- Red Buoys: Straight-line Guidance

COURSE MAP

SUP 2.5 KM



Course Description

- A total of 1 lap must be completed.
- After starting from Guanyinting, swimmers will pass between the two offshore yellow buoys and make a series of right turns around each yellow buoy in sequence.
- Passing over the timing chip sensor mat beneath the black arch signifies the completion of the race.

Buoy Guidance

- Yellow Buoys: Turn Indicators
- Red Buoys: Straight-line Guidance

COURSE MAP

OCEANKIDS/OCEANDOULTS / OCEANTEAMS 500M



Course Description

- Uses a triangular course design.
- The entire course is located within the Guanyin Pavilion inner sea.

Category Rules

- OCEANKIDS/OCEANDOULTS : Single-lap completion format.
- OCEANTEAMS : Teams of 3. Each member completes one lap. After finishing a lap, the athlete must exit the water and high-five their teammate to complete the relay transition.

Buoy Guidance

- Pink Buoy: Indicates a right turn.

SUPPLY BOAT INFORMATION

OCEANMAN 10KM

	Supply boat 1	Supply boat 2	Supply boat 3
LAP 1	950m	1,200m	1,500m
LAP 2	2,950m	3,200m	3,500m
LAP 3	4,950m	5,200m	5,500m
LAP 4	6,950m	7,200m	7,500m
LAP 5	8,950m	9,200m	9,500m

SPRINT 2KM

	Supply boat 1	Supply boat 2	Supply boat 3
LAP 1	950m	1,200m	1,500m

HALF OCEANMAN 5KM

	Supply boat 1	Supply boat 2	Supply boat 3
LAP 1	950m	1,300m	1,700m
LAP 2	3,250m	3,600m	4000m

SUP 2.5KM

	Supply boat 1	Supply boat 2	Supply boat 3
LAP 1	950m	1,300m	1,700m

Supply contents:

1. 水
2. Sports Drink
3. Bananas

VENUE LAYOUT

Main Event Venue : [Guanyinting Recreation Area](#)





蛋白盒子

THE PROTEIN BOX



獨家秘醬

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經典不敗

香煎雞胸

優質蛋白 陪你上山下海

市面上最好吃的健康餐



所有圖片皆為示意，請以實際商品為準

健康 · 低脂 · 高纖 · 高蛋白

EVENT AMBASSADOR

Ms. Hsu, Wen-Eer

As Taiwan's first **"Triple Crown of Open Water Swimming"** achiever, she is a dedicated advocate for marine safety and education. This year, she joins as both an athlete and a mentor, leading her students to Penghu to experience the grandeur and achievement of this cross-sea challenge. °



Mr. Huang Daniel

A Jianguo High School alumnus and the school's first deaf swimmer, he represented Taiwan in the Deaflympics. Though retired from the national team, he continues to embrace sports in daily life. This is his first time joining the Cross-Penghu Bay Swim to start a new chapter in this stage of his journey.



EVENT AMBASSADOR

Adaptive Sports Team

Led by adaptive physical education professionals, this group creates inclusive swimming environments for children with special needs, including autism, cerebral palsy, and visual impairments. This year at Penghu Bay, these children will challenge stereotypes and overcome limitations, rediscovering pure joy and confidence in the open sea.



賀眾牌

NEW ARRIVAL

新登場

PREMIER 尊爵不凡 賀眾牌廚下冰溫瞬熱 旗艦飲水機

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促銷價

\$39,800-

PFAS

SGS檢驗去除率

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賀眾牌響應環境部監測
持久性有機污染物



※產品不包含自來水龍頭



PREMIER 雙源淨化 冰溫瞬熱飲水新體驗 廚下飲水新進化！

觸控智慧 · 享受極致飲水

- 冰溫熱水快捷設定：9段水溫選擇。
- 水量設定：6段水量設置。
- IPX4防水等級 · 180°靈活旋轉 · TDS水質監控

革新飲水 · 冰溫瞬熱 · 體驗升級

- 廚下多水溫設計：同時提供溫熱水及冰水！生活所需一次滿足。
- RO大水量600加侖：即濾即飲無需等待，提供多人家庭的用水需求。
- 超大出水量2.5L/min：取水超快速。

多重防護 · 恆淨水系統 每杯都是新鮮純水

- 杯杯鮮活 恆淨水系統：純水回流再濾技術，解決濾芯殘水TDS值過高問題。有效防止濾芯堵塞，不留殘水。
- 先進RO過濾技術：1:0.5低廢水比，安全無慮。
- UV自動殺菌：淨水箱設置UVC紫外線定時殺菌。

用水全面防護



高效前置過濾系統



600G大流量RO淨化



Athlete Travel Discounts

Official Travel Guide

"OCEANMAN PENGHU" is more than a race—it's a complete island getaway. Partnering with top local vendors, we offer island-hopping adventures, marine activities, and local culinary tours. We invite athletes and their families to fully experience the natural beauty and vibrant culture of Penghu.

2024 PENGHU OCEANMAN
國際泳渡澎湖

波賽頓海洋運動俱樂部
Poseidon Water Sports Club



◆ 活動期間 Period: 6/11-6/15
◆ 折扣優惠 Discount Offer

**8折優惠
20% OFF**

◆ 報名請洽 Reservation
■ Line: @poseidon.tw

2024 PENGHU OCEANMAN
國際泳渡澎湖

珊瑚礁旅行社
Coral Reef Travel



◆ 活動期間 Period: 6/11-6/15
◆ 折扣優惠 Discount Offer

**95折優惠
5% OFF**

◆ 折扣碼 Promo Code
PenghuBay2026

◆ 報名請洽 Reservation
■ <https://www.excitingpenghu.com.tw/>

2024 PENGHU OCEANMAN
國際泳渡澎湖

海洋途徑-潛水體驗
Ocean Channel Diving



◆ 活動期間 Period: 6/11-6/15
◆ 折扣優惠 Discount Offer

**400元折扣優惠
NT\$400 OFF**

◆ 報名請洽 Reservation
■ Line: @oceanchannel ■ Instagram: oceanchanneldiving

2024 PENGHU OCEANMAN
國際泳渡澎湖

陽光阿有-浮潛&潛水
Sunny Au - Snorkeling & Diving



◆ 活動期間 Period: 6/11-6/15
◆ 折扣優惠 Discount Offer

◆ 浮潛體驗: 7折 Snorkeling Experience: 22% OFF
◆ 潜水體驗: 9折 Diving Experience: 10% OFF
◆ SUP/獨脚 成人以上單人艇NT\$1500—組 / 單人艇NT\$1400—組
◆ SUP/獨脚 4+1: Double Board: NT\$1,800 per board; Single Board: NT\$1,400 per board

◆ 報名請洽 Reservation
■ Facebook: 陽光阿有專業浮潛 ■ Instagram: sunnyau99 ■ Line: @sunnyau

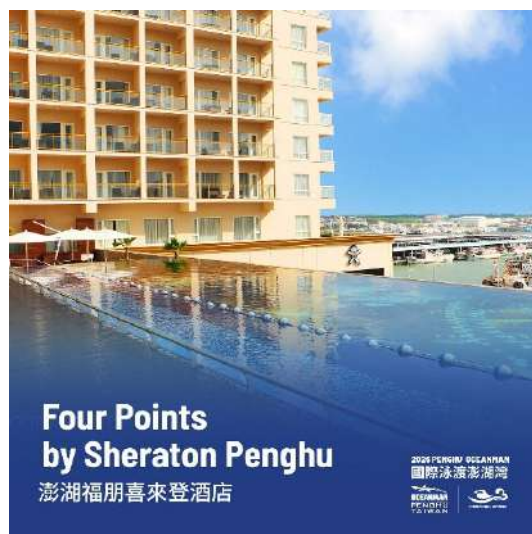


[Read More](#)

Athlete Accommodation Discounts

Official Travel Guide

"OCEANMAN PENGHU" is more than a race—it's a complete island getaway! We've partnered with official hotels to provide athletes and families with comfortable, convenient lodging. Staying at these hotels ensures seamless transportation and easy access to all event activities, letting you prepare and relax with peace of mind.



[Read More](#)

PUBLIC LIABILITY INSURANCE

Insurance Coverage

1. Public Liability Insurance: NT\$5 million per person.
2. Scope: Covers emergency medical aid and injuries caused by external accidents only.
3. Exclusions: Personal/pre-existing illnesses (e.g., heart disease, heatstroke, diabetes) are not covered. Claims depend on the insurance policy.

Participant Responsibilities

1. Data Accuracy: Ensure all registration info is correct to maintain insurance validity.
2. Preparation: Get sufficient sleep and eat breakfast 2 hours before the event.
3. Health Declaration: By participating, you declare you are in good health and assume all personal risks.

Important Health Warnings

1. The following high-risk groups should consult a doctor and avoid overexertion:
2. Symptoms: Unexplained chest pain, breathing difficulties, dizziness, or loss of consciousness.
3. Conditions: Hypertension (>140/90mmHg), High Cholesterol (>240mg/DL), Heart/Kidney disease, Diabetes, or Epilepsy.
4. Family History: History of heart disease or sudden death (1st-degree relative before age 60).

*Note: Injuries resulting from personal medical conditions are not eligible for public liability claims. Participants are advised to obtain personal accident insurance.



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表現

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能量
啟動

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