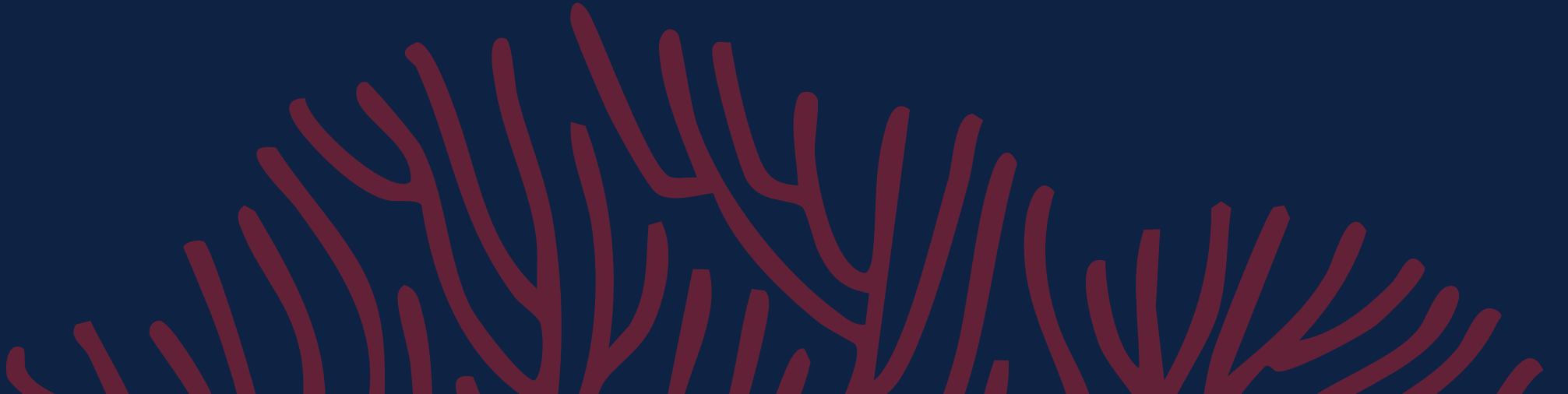




9<sup>TH</sup>-11<sup>TH</sup> APRIL 2026

MAAFUSHI BEACH

RACE BOOK



An aerial photograph of a tropical atoll. The water is a vibrant turquoise color, transitioning to a deeper blue as it extends into the distance. Several small, lush green islands with white sandy beaches and dense palm tree forests are scattered across the lagoon. The sky is filled with soft, wispy clouds, suggesting a sunrise or sunset. The overall scene is serene and idyllic.

**SWIM YOUR DREAM**



# OUR PARTNERS



# WELCOME NOTES



**HASSAN SOLAH**  
MAAFUSHI COUNCIL PRESIDENT

Maafushi, proudly known as the heart of the Maldives, warmly welcomes you to experience our vibrant island community. It is my great pleasure to extend our heartfelt greetings to all participants, partners, and distinguished guests joining us for this special occasion. We are truly honored to host you in an island that reflects the spirit, resilience, and warmth of Maldivian life.

Maafushi stands as a symbol of progress and opportunity in the Maldives, growing from humble beginnings into a dynamic hub for community-driven tourism, cultural exchange, and sustainable growth. Events like this strengthen our role in bringing people together, made possible through the valued support of our partners, stakeholders, and community.

To all participants and visitors, I wish you a truly memorable stay in Maafushi. May your time here be filled with inspiration, success, and unforgettable experiences. We look forward to welcoming you again to the heart of the Maldives.



**HUSSAIN SHAMEEM**  
RACE DIRECTOR

Maldives, the Sunny Side of Life, is the premier open water swimming destination of the world. It gives me immense pleasure to welcome you to our crystal-clear waters, rich marine life, and world-class hospitality. We invite you to experience our culture, cuisine, and take a piece of it home with you as you make history at the inaugural OCEANMAN MALDIVES.

OCEANMAN MALDIVES is proud to introduce mass sports events to Maldives' hospitality portfolio. With the support of global swimming community and the OCEANMAN ecosystem, we are confident that we can keep growing.

This achievement is made possible through the support of our partners, including Maafushi Local Council, Women's Development Committee, Maafushi Local Authority Company, our hotel partners, ARENA, and KAANI Hotels and all of our esteemed partners. I extend my sincere gratitude to all who believed in this vision. I would like to acknowledge our dedicated volunteers who bring this event to life and make everything possible.

To all the athletes, international and local, my team and I wish you, your family and friends, a pleasant and a memorable stay in Maldives. To all the brave swimmers, rest assured, we will do everything possible to make your journey to the finish line a fulfilling one.

# MAAFUSHI ISLAND



Before 2010, Maafushi was a quiet island of around 2,000 residents, where livelihoods depended largely on fishing and a small number of government jobs. At the time, national regulations confined tourist accommodations to resort islands. Opportunities were limited, incomes modest, but the people of Maafushi were known for their warmth, resilience, and entrepreneurial mindset.

This changed in 2010 when government reforms allowed tourist establishments on inhabited islands. Maafushi quickly embraced this shift. Local entrepreneurs established guesthouses, dive centers, restaurants, and recreational services, laying the foundation for a new economic model. Over time, the island emerged as a leading hub for guesthouse tourism in the Maldives.

Today, Maafushi hosts over 50 guesthouses with more than 600 rooms, making it the most developed local tourism island in the country. This growth has improved living standards, including healthcare, sanitation, and education.

OCEANMAN Maldives will be hosted in Maafushi, bringing international open water swimmers to its shores and further highlighting the island's growing role on the global stage.

## ARENA HOTEL



### **Thrill-Seekers and Ocean Enthusiasts: Gear Up for OCEANMAN MALDIVES 2026!**

Arena Beach Hotel is proud to serve as one of the 2 official host hotel partners for OCEANMAN MALDIVES 2026, a globally acclaimed open-water swimming spectacle uniting passionate athletes worldwide.

At Arena Beach Hotel, we are committed to providing participants and supporters with a comfortable, welcoming, and memorable stay throughout the event.

Nestled in the heart of Maafushi, our hotel offers prime accessibility and seamless luxury for participants & spectators alike with exclusive accommodation packages, wellness facilities such as spa treatments and multi cuisine meal options along with local life experiences and curated excursions such as snorkeling, island hopping and dolphin watching.

Our beachfront hotel offers the perfect base for your epic open-water swimming journey.

## KAANI HOTELS & RESORTS



Kaani Hotels & Resorts is proud to be one of the 2 official hotel partners for OCEANMAN MALDIVES 2026, taking place this April on Maafushi Island.

As swimmers from around the world gather for this historic first-ever international open water swimming event in the Maldives, we're ready to welcome you for the ultimate quest in the crystal-clear waters of the Indian Ocean.

Located right on Maafushi in front of Tourist beach, Kaani offers comfortable beachfront accommodations where you can rest and recover between training sessions and race day. Our team understands what athletes need; meal options, direct beach access, an infinity pool, and gym facilities for warm-ups and training.

But there's more to your Maldives experience than the race. Before or after OCEANMAN, explore what makes local island life special: snorkeling with sea turtles, island hopping adventures, sunset fishing trips, and spa treatments to help you recuperate.

Whether you're here to compete, support fellow swimmers, or simply experience the Maldives, Kaani Hotels provides genuine island hospitality that feels like home.

# EVENT SCHEDULE

DAY 1	9 <sup>TH</sup> APRIL	THUR
12PM - 6PM	REGISTRATION AND EXPO	
3PM - 4PM	SWIM COURSE TESTING	
5PM	OPENING CEREMONY	
5:30PM	RACE BRIEFING	
6:30PM	WELCOME DINNER	

DAY 2	10 <sup>TH</sup> APRIL	FRI
5AM - 12PM	REGISTRATION AND EXPO	
6:30AM	SPRINT START	
7AM	OCEANFINS START	
8:45AM	OCEANKIDS START	
9:30AM	OCEANTEAMS START	
10:30AM	AWARD CEREMONY	
4PM - 8PM	REGISTRATION AND EXPO	
5:30PM	RACE BRIEFING	

DAY 3	11 <sup>TH</sup> APRIL	SAT
5AM - 12PM	REGISTRATION AND EXPO	
6:30AM	OCEANMAN START	
7AM	HALF OCEANMAN START	
11AM	AWARD CEREMONY	

# RACE DISTANCES

SWIMMERS CAN PARTICIPATE IN ONE OR SEVERAL OF THE FOLLOWING DISTANCES.

## RACE DISTANCES



**SPRINT 2KM**



**OCEANFINS 2KM**



**OCEANKIDS 500M**



**OCEANTEAMS 500M X 3**



**OCEANMAN 10KM**



**HALF OCEANMAN 5KM**

## AGE GROUP CLASSIFICATIONS

JUNIOR (15 - 19YRS)

MASTERS (20 - 29YRS)

MASTERS (30 - 39YRS)

MASTERS (40 - 49YRS)

MASTERS (50 - 59YRS)

MASTERS (60 - 69YRS)

MASTERS (70+YRS)

INSPIRATION

**\*EACH DISTANCE HAS A SPECIFIC CAP COLOUR**

# CUT OFF TIMES

<b>SPRINT 2KM</b>	<b>OCEANMAN 10KM</b>
8:00AM (1H 30MINS)	KM3 8:00AM (1H 30MINS)
<b>OCEANFINS 2KM</b>	KM 6 9:30AM (3H)
8:30AM (1H 30MINS)	KM10 11:00AM (4H 30MINS)
<b>OCEANKIDS 500M</b>	<b>HALF OCEANMAN 5KM</b>
9:30AM (45MINS)	KM3 8:30AM (1H 30MINS)
<b>OCEANTEAMS 500M X 3</b>	KM5 9:30AM (2H 30MINS)
10:30AM (1H)	

\*ALL COMPETITORS WHO COMPLETE THE RACE WILL BE AWARDED A FINISHER MEDAL

MALE, FEMALE AND MIXED	WINNER MEDAL FOR TOP 3 IN AGE GROUP	TROPHY FOR OVERALL TOP 3 IN DISTANCE	WORLD CHAMPIONSHIP QUALIFYING SLOT FOR TOP 10 IN AGE GROUP
SPRINT 2KM	✓	✓	✓
HALF OCEANMAN 5KM	✓	✓	✓
OCEANMAN 10KM	✓	✓	✓
OCEANKIDS 500M	✓		✓
OCEANTEAMS 500M X 3	✓		

## 1. GENERAL

A. It is the participant's responsibility to understand all aspects of the competition rules.

B. With the registration, the swimmer accepts OCEANMAN rules and regulations, the special rules of each event of OCEANMAN circuit and the participant's terms and conditions.

C. Each swimmer is responsible to compete in good physical condition, and with sufficient training to undertake the distance in which he/she register to.

D. Doping is strictly prohibited. At the time of registration, each swimmer accepts the obligatory anti-doping rules for the entire event. At the time of registration, each participant declares not to violate prior, during or after the event the Organic Law 3/2013 which regulates the protection of Athletes Health and fight against doping in sports events and activities.

E. Participants are obliged to follow the indications and instructions of race officials and public authorities.

F. Race officials have the authority to disqualify any participant. Medical staff and/or the technical race director have the final decision on the withdrawal of a competitor given if he/she is deemed physically incapable of continuing the race without the risk of serious injuries or death.

If any competitor decides to withdraw from the race at any time, it is his/her responsibility to report the decision to the information point located at the finish area and hand in his/her number and/or timing chip immediately.

G. Individual support inside the water from friends, relatives, coaches etc. during OCEANMAN races is not allowed. All competitors have the obligation to decline immediately any attempt of assistance. Otherwise, the competitor will be subject to a warning or even disqualification.

H. The basic principles of the event are fairness and compliance of the rules and regulations. It is prohibited to neglect the rules with an intention to take an advantage. Competitors are not allowed to impede or endanger others and hinder the course of the race. Competitors must be polite to other competitors, volunteers, referees and medical staff. Competitors must respect the environment and avoid pollution.

I. For matters not covered in these rules, we will contemplate as reference our competition referees' decisions established in each venue of OCEANMAN Races. They will be the only ones assigned to deliver and apply the decisions of this regulations.

J. OCEANMAN rules and regulation may be revised and updated during the international circuit competitions season.

## 2. ATTIRE

Below you can find a list of permitted equipment during the race.

Swim cap is provided by the organiser

Use of safety buoy is compulsory for ALL OCEANMAN Distances. The buoy has to be visible and homologated in order to avoid any incident.

Crossing the finishing line without the safety buoy will result in disqualification.

Goggles are obligatory during all races.

Wetsuits are not allowed in this competition.

Timing chips must be worn throughout the race. In case of loss, the participant must inform the timekeeper. At the finish line, the swimmer must reimburse the equivalent value of the device

The organiser will indicate how and where to wear the timing chip during the technical race brief.

The race number must be visible on the exterior part of the swimmers right hand at all times. The race number will be drawn on by the organiser.

The use of electronic devices, such as watches, heart rate monitors, water GPS are allowed

Aquatic music players or similar devices are not allowed. Neglecting

this rule will result in disqualification.

It is not permitted to use any equipment or materials that aid swimmers propulsion or flotation (e.g. pull-buoys, paddles, gloves, fins etc.) The use of the equipment is limited to participants who have prior approval from the organiser with justified reasons.

## 2. SAFETY

A security operation on land as sea is guaranteed. On the day of the competition, swimmers safety will be monitored by motorboats and kayaks who will follow the course. INSERT MNDP AND POLICE VAAHAKA

The organisers' medical team will be authorised to withdraw any participant due to medical reasons.

## 4. REFEREES

Oceanman will be refer by a Referees Committee represented by a technical delegate technic, and this committee of the delegate and a referee judge will be the responsible of giving the official results of the competition, It will be referees in the race course controlling turning buoys, in the finish line and in secretary.

Disqualification reasons;

- Avoid mandatory marking-turning buoys
- Anti Sportive behavior will be punished
- Donot follow boat or kayak instructions
- Use of forbidden gear

After provisional Results are posted, any swimmer who wants to complain have to do it in a period of 15' after this results are posted. The claims may be for the following cases.

- Against the provisional results published.
- Against the performance or behaviour of another competitor.
- Against the clothing worn by another competitor.
- Against the established route.

For a claim to be answered by the referee, it must be presented in writing through the forms offered by the referee appointed for the competition. This document is also downloadable through the official Oceanman website in its referees section.

If the claim, attended by the referee, is ratified in its sanction this could be appealed to the jury of compilation named before the start of the competition.

For an appeal to be attended, it will be necessary to deposit an amount of 40 euros, this bond will be returned if said appeal is successful and a favorable resolution is applied to the claimant. The decisions of the referee judge and the competition jury will be taken no later than 15' after being presented. Upon resolution of an appeal by the competition jury, no more claims or appeals may be filed for the same reason.

This instructions will be explained and resumed during the informative session of the race briefing

## 5. PERSONAL DATA

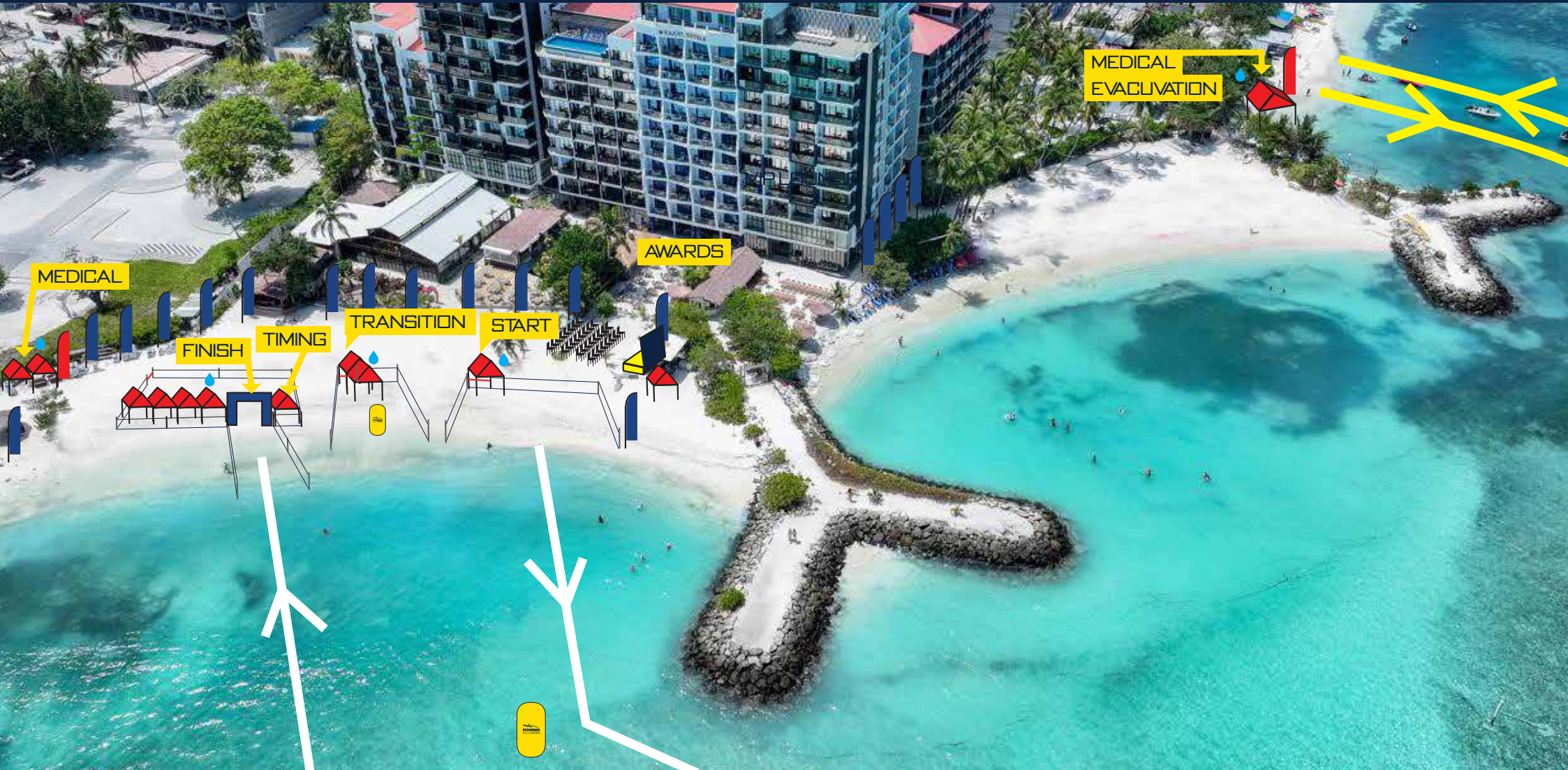
The organisation informs, and you agree to the following:

All the information provided by you at the time of registration for the competition or by means of any other channels of personal data collection at the websites: [www.oceanmanswim.com](http://www.oceanmanswim.com), [www.oceanman.net](http://www.oceanman.net), [www.oceanman-openwater.com](http://www.oceanman-openwater.com) or [www.oceanman-store.com](http://www.oceanman-store.com) is incorporated into a secure and confidential database. Educanova Consultores & Recursos S.L. is responsible for the management of this database.

The main purpose of this data collection is no other than the administration and management of the competition, the notification of possible modifications or changes in the calendar of the events and/or promotion of the products related to OCEANMAN. For this reason and with a clear sporting objectives, promotional and commercial aims, we ask athletes and their children to give their consent for the reproduction of their images in photographs and other recordings taking place during the competition.

In case you wish to withdraw your consent, you must notify Educanova Consultores & Recursos in writing and under the provisions of the Organic Law 15/1999, 13, you can rectify or cancel partially or totally your personal data.

In each of the venues of this championship, this general regulation may incorporate specific modifications, in compliance with the legislation of each host country.



# REGISTRATION & EXPO AREA MAP


















# RACE ROUTE



## LEGEND

-  RACE START
-  RACE FINISH
-  TURN BUOY
-  STRAIGHT BUOY
-  DIFFERENT SIDE TURN BUOY
-  KAYAK / SUP
-  JETSKI
-  FEEDING BOAT
-  REFEREE / MEDIA BOAT
-  COAST GUARD
-  MARINE POLICE

**10KM ROUTE**  
2 LOOPS

**5KM ROUTE**  
1 LOOP

## 1. WAIVER FORM



Signed waiver form to be presented at registration desk on race day

## 2. TIMING CHIP



Electronic Timing chip is mandatory. Collect on race day at registration desk. Return immediately after race at finish line.

## 3. SWIM CAP



Provided swim cap is mandatory.

## 4. T-SHIRT



Complimentary t-shirt per participant

## 5. RACE BAG



Complimentary race bag

# MANDATORY FOR RACE ENTRY

## SWIM CAP



\*Swim cap provided by the organiser is mandatory to wear.

## BODY MARK



\*Body mark is mandatory. At the body marking tent, organiser will write your registration number on both hands. This will be done on the morning of the race.

## TOW FLOAT



\*Tow float is mandatory. This is not provided in the racekit. Bring your own or purchase one at our merchandise tent at the expo.

## TIMING CHIP



\*Electronic Timing chip is mandatory. Collect on race day at registration desk. Return immediately after race at finish line.

## REGISTRATION DAY

REPORT TO REGISTRATION

COLLECT RACE KIT

VISIT EXPO

TEST SWIM COURSE

RACE BRIEF

WELCOME DINNER

## RACE DAY

### INDIVIDUAL

REPORT TO REGISTRATION

HAND OVER WAIVERFORM

COLLECT TIMING CHIP

BAG DROP

BODY MARK

REPORT TO START LINE

SWIM START

FINISH RACE

COLLECT MEDAL

RETURN TIMING CHIP

HYDRATE

EXIT ATHLETE AREA

COLLECT BAG

CELEBRATE

### TEAMS

REPORT TO REGISTRATION

HAND OVER WAIVERFORM

COLLECT TIMING CHIP

BAG DROP

BODY MARK

TRANSITION SET UP

REPORT TO START LINE

SWIM START

TRANSITION

FINISH RACE

COLLECT MEDAL

RETURN TIMING CHIP

HYDRATE

EXIT ATHLETE AREA

COLLECT BAG

CELEBRATE

# TYPES OF MARKER BUOYS

## YELLOW BUOY



### TURN AND SWIM

Swim with buoy on your right side

## ORANGE BUOY



### SWIM STRAIGHT

Swim with buoy on your right side

## GREEN BUOY



### TURN AND SWIM TO FINISH

Swim with buoy on your left side  
\*this buoy only on 5km and 10km route



# HAND SIGNALS FOR HELP



## 1. RAISE ONE ARM

Assistance required, please help.



## 2. ROTATE ONE ARM IN A CIRCULAR MOTION

Please take me out of the water.



## 3. FIST ON HEAD

All clear, I am fine.

## DRINKING WATER



Mineral water will be available at hydration points. Please bring your own refillable water bottles as refilling stations will be available.

## WATERMELON











Water melon will be available at hydration points.

## FEEDING BOAT



Hydration service at sea for 10km and 5km race route. Water and Fruit will be available

-  SAFETY IN WATER AND LAND. LIFEGUARDS AND SECURITY ON DUTY
-  MEDICAL ASSISTANCE, AMBULANCE & FIRST AID
-  RACE KIT: SWIM CAP, TIMING CHIP, COMPLIMENTARY T-SHIRT AND BAG
-  MEDALS FOR ALL FINISHERS
-  TROPHY FOR 1ST 2ND & 3RD OVERALL WINNERS
-  WORLD CHAMPIONSHIP QUALIFYING SLOTS
-  FREE WATER AND WATERMELON FOR ALL. BRING REFILLABLE BOTTLE
-  WELCOME DINNER COUPON FOR 9TH APRIL 2026



# OFFICIAL MERCHANDISE SHOP



**TOTEBAG**



**BEACH TOWEL  
GYM TOWEL**



**CAP**



**AVAILABLE IN WHITE, BLACK  
AND GREY**

**OCEANMAN MALDIVES LIMITED EDITION MERCHANDISE AVAILABLE**

# Book your Massage

*Let our experienced sports therapists prepare you for the race and relieve tensions after your efforts.*



## **Our Services**

- ✓ Upper Back & Neck/Shoulder Remedial Massage
- ✓ Full Leg Remedial Massage
- ✓ Reflexology



*Therapists with extensive experience working with Maldives Olympic athletes*





**Reserve Now!**



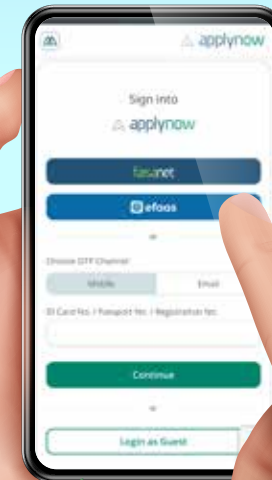
# #VAGUTHUN

## Account Opening

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**\*TERM AND CONDITIONS APPLY**



THANK YOU