

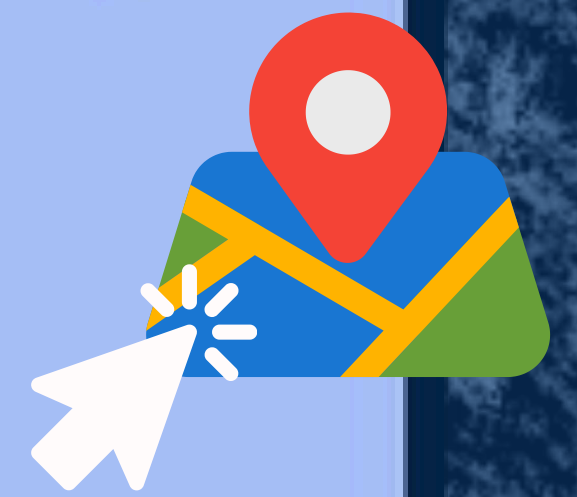
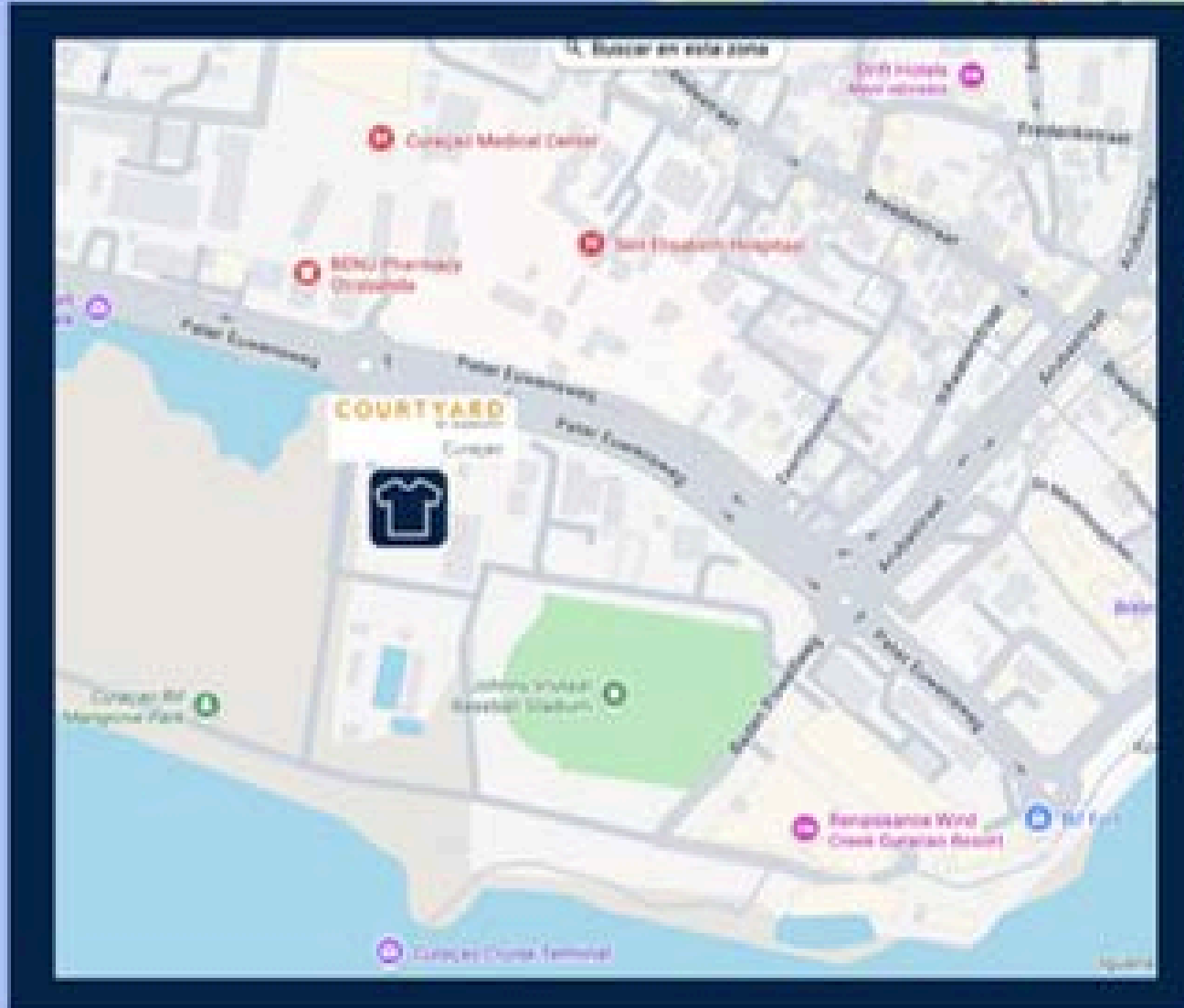


# Racebook 2026



# Detalles Técnicos

	OCEANMAN	HALF OCEANMAN	SPRINT	OCEANKIDS	OCEANTEAMS
DATE	MAY 17, 2026	MAY 17, 2026	MAY 16, 2026	MAY 16, 2026	MAY 16, 2026
DISTANCE	10K	5K	2K	500M	3 X 500 M
START TIME	7:30 AM	8:00 AM	7:30 AM	9:00 AM	10:00 AM
CUT OFF TIME	3K (1h 30min) 6K (3h)	3K (1h 30min)	No	No	No
TIME LÍMIT	4h 30 min	2h 30 min	1h 30 min	No	No
FEEDING POINTS AT SEA	3 (2.5K / 5K / 7.5K)	1 (2.5K)	No	No	No
WATER TEMPERATURE	24° C	24° C	24° C	24° C	24° C



 Start / Finish  
Inicio / Meta  
 Caracasbaai

 Registration / Kits  
Registro / Kits  
 Courtyard By Marriott Curaçao  
Courtyard By Marriott Curaçao

# Registration & kit delivery

- We will not accept late registrations nor kits pick-up. If you do not attend at the times established by the organization, you will lose your right to compete in the event and you will not be able to transfer your spot to future events.
- Registration is done in person by presenting your identity document. There is no delivery to third parties.
- The times for registration and kit delivery can be found in the race schedule.

Official Hotel

COURTYARD<sup>®</sup>  
BY MARRIOTT

Curaçao

Registration and kit delivery.





# Participant Benefits

**COURTYARD**<sup>®</sup>  
BY MARRIOTT

Curaçao

Enjoy a **10%** discount at our Centro restaurant and a **\$30 USD** daypass, redeemable as credit for food and drinks at the pool bar.

Valid for OCEANMAN Curaçao 2026 participants.



# Yellow Fever Vaccine



## Who needs it?

Required for travelers **9 months** and older from **countries at risk**. As regulations vary in each country, please **consult** your **doctor** and **local authorities**.

## Countries at risk

If your **country** is on the **high-risk list**, the vaccine is **mandatory**. You can find the link with the full list of countries in our profile's **BIO**. Make sure to also consult with your local authorities.

## Timing

The vaccine must be administered at least **10 days before arrival** for the certificate to be valid.

## Medical Exceptions

If you cannot get vaccinated due to **health conditions**, you must present an **official medical document** of exemption.

**Check the list of countries in our BIO's link!**



# Agenda





# Monday, May 11



## Technical Talk/Briefing

**Virtual Time:** 7:00 PM GMT-4 (Curaçao Time).  
6:00 P.M. GMT-5 (Colombia Time)

### Streaming Channels:

**YouTube:** OCEANMAN Curaçao

**Instagram:** @OCEANMAN\_CURACAO

The briefing will be saved for viewing later.



[Watch on YouTube](#)

# Friday, May 15



## Registration & Kit Delivery

**Times:** 10:00 A.M. - 8:00 P.M.

**Location:** Courtyard By Marriott Curaçao

-Registration is done in person by presenting an identity document. There is no delivery to third parties.

-We will not have late registrations or kit pick-up. If you do not attend at the times set by the organization, you will lose your right to compete in the event and you will not be able to transfer your spot to future events.





# Saturday, May 16



## Delivery of Timing Chips

**Location:** Caracasbaai Beach

**Schedule: Sprint:** 6:00 A.m. - 7:00 A.m.

**Oceankids:** 8:00 A.m. - 8:30 A.m.

**Ocean Teams:** 9:00 A.m. - 9:30 A.m.



## Opening of Wardrobe

**Time:** 6:30 A.m.

**Location:** Caracasbaai Beach



## Race Start

**Starting Point:** Caracasbaai Beach

**Time: Sprint (2k):** 7:30 A.m.

**Oceankids:** 9:00 A.m.

**Oceanteams:** 10:00 A.m.



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WCCI

WCCI

WCCI

WCCI

# Saturday, May 16



## Awards Ceremony

Sprint, Oceanteams y Océankids.

**Time:** 11:00 a.m.

**Location:** Caracasbaai beach



## Registration / delivery of kits

**Times:** 2:00 p.m. - 6:00 p.m.

**Location:** Courtyard By Marriott Curaçao

-Registration is done in person by presenting an identity document. There is no delivery to third parties.

-We will not have late registrations or kits pick-up. If you do not attend at the times set by the organization, you will lose your right to compete in the event and you will not be able to transfer your spot to future events.



# Sunday, May 17



## Delivery of timing chips

**Location:** Caracasbaai Beach

**Schedule:** OCEANMAN: 6:00 a.m. - 7:00 a.m.

Half OCEANMAN: 6:00 a.m. - 7:30 a.m.



## Wardrobe Opening

**Time:** 6:30 a.m.

**Location:** Caracasbaai Beach



# Sunday, May 17



## Race Start

**Starting point:** Caracasbaai Beach  
**Schedule: OCEANMAN:** 7:30 a.m.  
**Half OCEANMAN:** 8:00 a.m.

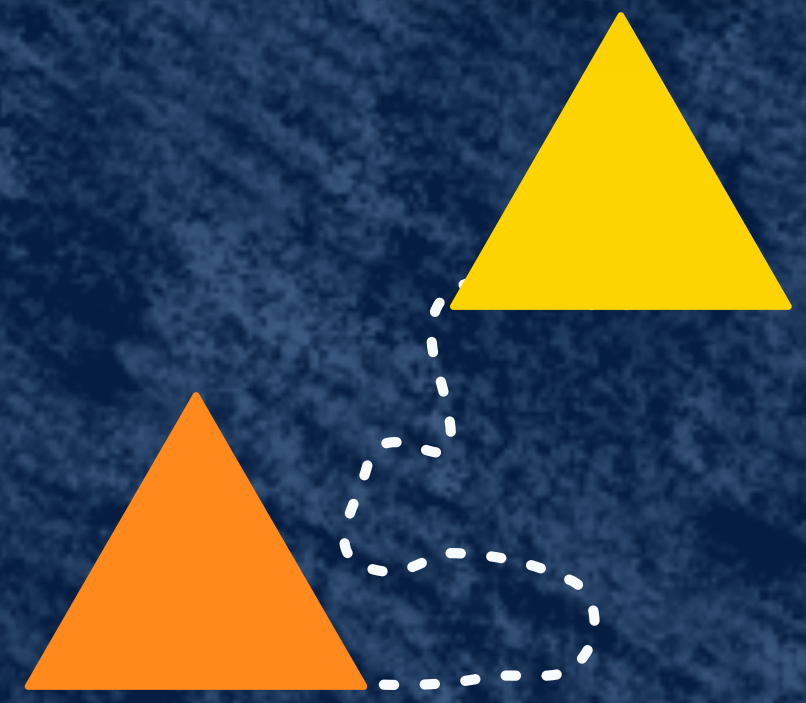


**Awards Ceremony**  
OCEANMAN, Half OCEANMAN

**Time:** 12:00 p.m.  
**Location:** Caracasbaai Beach.



# Routes





OCEANMAN 10 KM - 4 LAPS

CARACAS BAY BEACH MAY 17th

START FINISH



SEASON 2026  
SWIM THE WORLD





**HALF OCEANMAN 5 KM - 2 LAPS**

**CARACAS BAY BEACH** **MAY 17th**

**START FINISH**



**SEASON 2026**  
**SWIM THE WORLD**



CARACAS BAY BEACH MAY 16th

SPRINT 2 KM - 1 LAP

START FINISH



SEASON 2026  
SWIM THE WORLD



**OCEANKIDS 500 M - 1 LAP**

**CARACAS BAY BEACH** **MAY 16th**



**START  
FINISH**

**SEASON 2026  
SWIM THE WORLD**





OCEANTEAMS 3 X 500 M

CARACAS BAY BEACH MAY 16th



START FINISH

SEASON 2026  
SWIM THE WORLD



# Feeding Points

● OCEANMAN

● Half OCEANMAN

Aid Station #1: Km 2.5 ● ●

Aid Station #2: Km 5 ● ●

Aid Station #3: Km 7.5 ●

Aid Station #4: Km 10 ●



Isotonic Drink



Water



# Cut-off times



## **OCEANMAN (10 KM)**

**KM 3:** 1 hour 30 minutes **KM 6:** 3 hours

**FINISH LINE:** 4 hours 30 minutes

## **Half OCEANMAN (5 KM)**

**KM 3:** 1 hour 30 minutes

**FINISH LINE:** 2 hours 30 minutes

## **Sprint / OCEAN Teams**

**FINISH LINE:** 1 hour 30 minutes



# Participant Benefits



**DISCOVER SCUBA DIVING**  
~~105 USD~~ = 99 USD\*

**-1 GUIDED DIVING TOUR:**  
~~90 USD~~ = 85 USD\*

**2 GUIDED DIVING EXCURSIONS:**  
~~140 USD~~ = 135 USD\*

**\*Special rates for OCEANMAN Curaçao participants.  
Price per person.**

# Mandatory equipment

**SWIMMING GOGGLES**

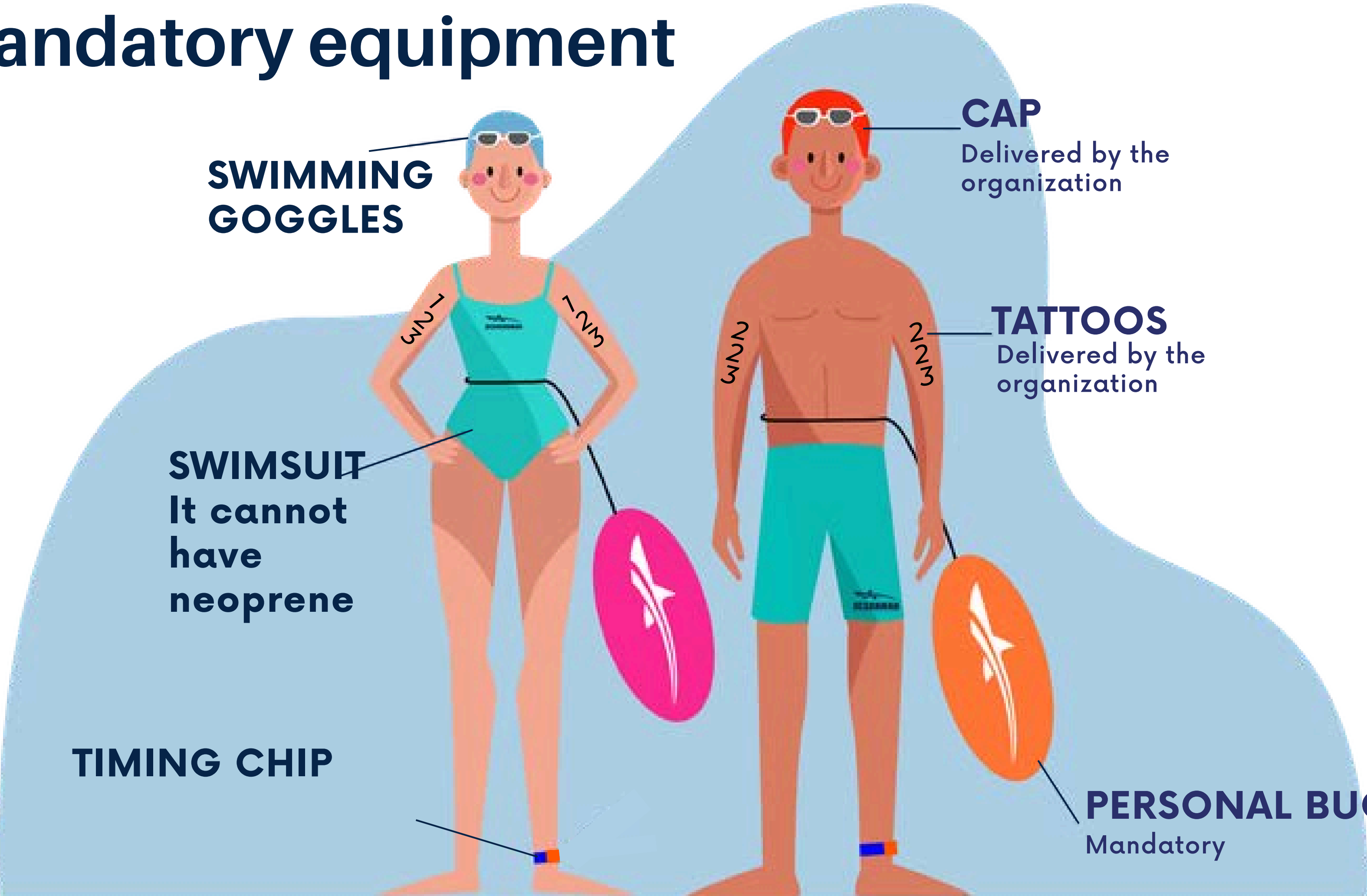
**CAP**  
Delivered by the organization

**TATTOOS**  
Delivered by the organization

**SWIMSUIT**  
It cannot have neoprene

**TIMING CHIP**

**PERSONAL BUOY**  
Mandatory





# Awards



## OCEANMAN/ HALF OCEANMAN/ SPRINT

- Trophy** for the first 3 places in the general men's and women's categories.
- Medal** for the first 3 places in each men's and women's category.
- Finisher medal** for all participants who complete the test.

## OCEANKIDS

- Medal** for the first 3 places in each category (U9-U11-U13-U15) boys and girls.
- Finisher medal** for all participants who complete the test.

## OCEANTEAMS

- Medal** for the first 3 teams in each category (men, women and mixed).
- Finisher medal** for all participants who complete the test.

# World Championship Qualifying



OCEANMAN Curaçao 2026 is a **qualifying** event for the 2026 World Championship (**Dominican Republic**)

## **Distances:**

OCEANMAN, HALF OCEANMAN, SPRINT, OCEANKIDS.  
(Participation takes place in the distance in which one qualified).

-The **top 10** in each category qualify in the OCEANMAN, HALF OCEANMAN, SPRINT and OCEANKIDS distances.

-The **top 3** in the Inspiration category qualify.





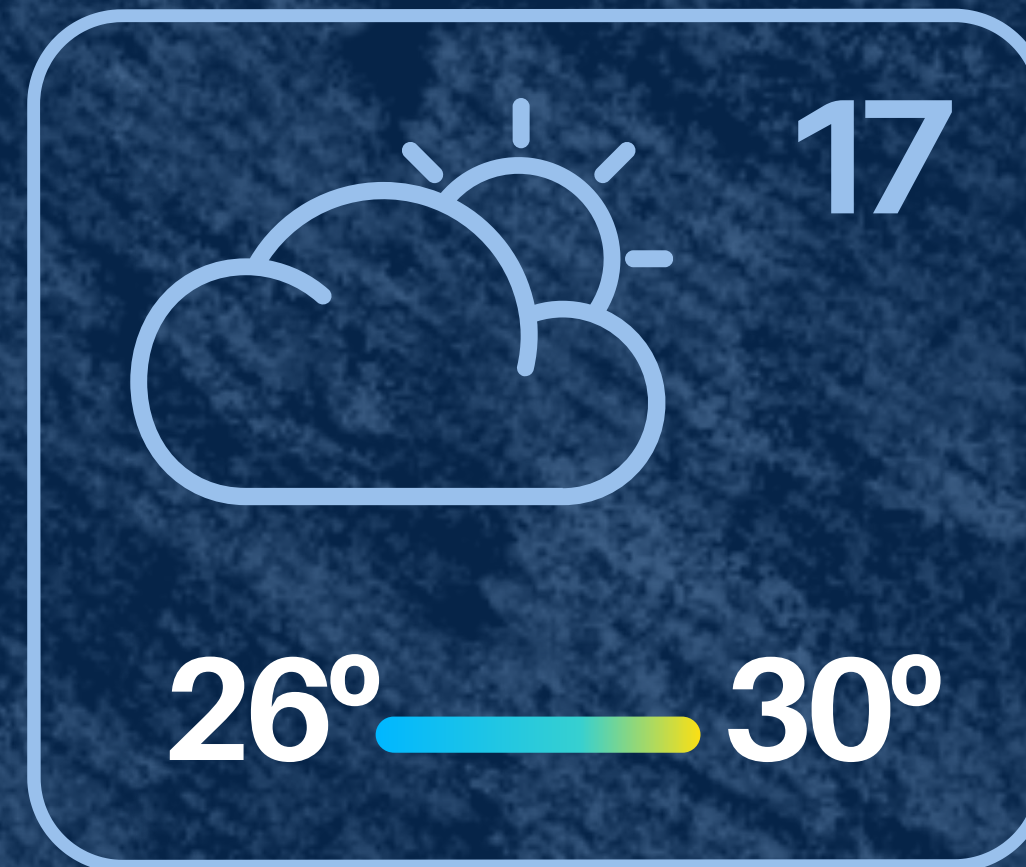
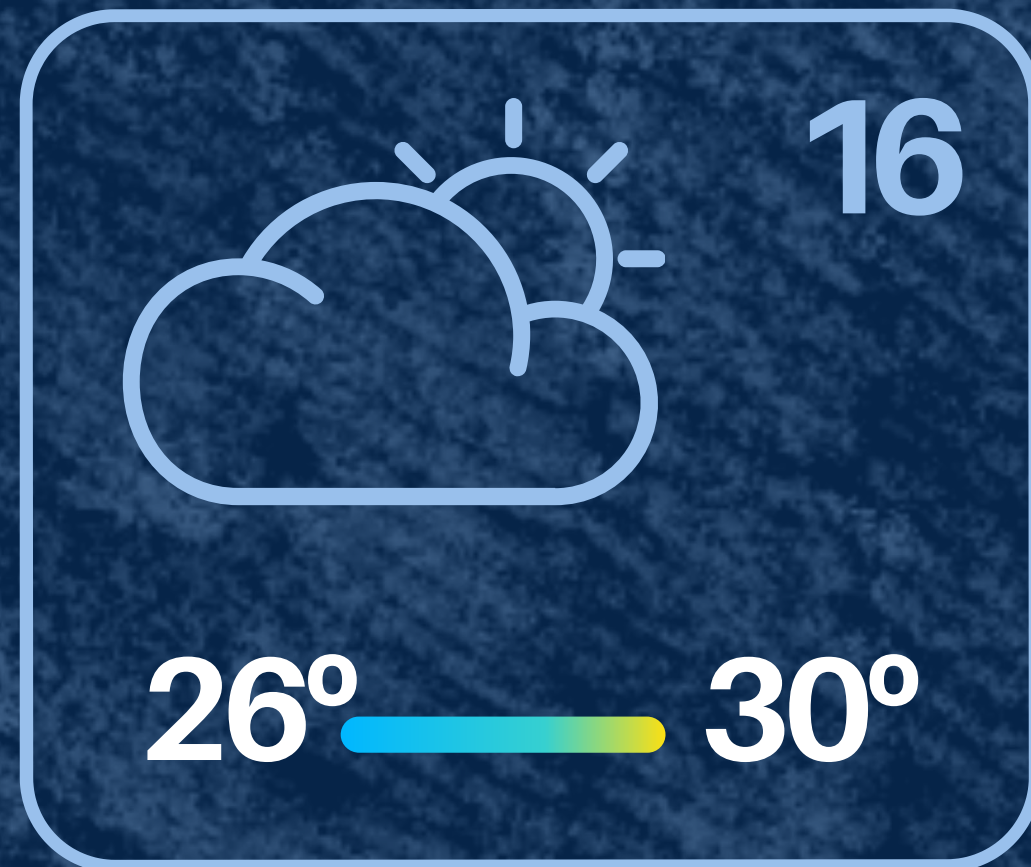
# OCEANMAN Regulations

Open the link and review the updated OCEANMAN regulations, or find them on the official OCEANMAN Curaçao website.



[See Oceanman rules](#)

# Climate forecast



***¡DANKI!***

CURACAO

FEEL IT FOR YOURSELF

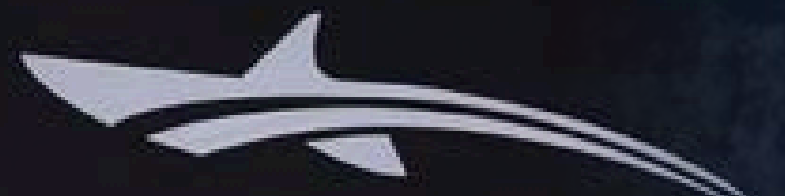
**EWWT**



**COURTYARD**  
BY MARRIOTT  
Curaçao



RAÇAO  
FOR YOURSELF

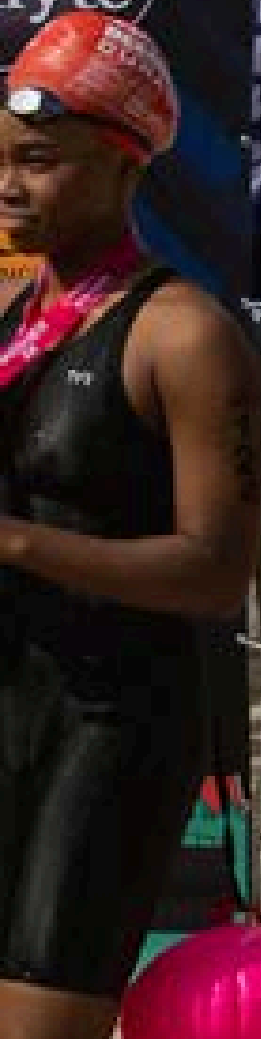
  
**OCEANMAN**  
WE ARE OPEN WATER SWIMMING  
**CURAÇAO**

CURAÇAO  
FEESTIVAL



London  
BEACH RESORT

lyte



May 16-17, 2026

See you  
at the  
**OCEAN!**